

EGD Instructions

Dr. Seif, Dr. Kedika, & Dr. McDaniel



Appointment date: _____ Please check in at: _____ am/pm at the selected location:

Texas GI Endoscopy Center
2704 N Galloway Ave
Mesquite, TX 75150

Baylor Scott and White Sunnyvale
231 S Collins Rd
Sunnyvale, TX 75182

- **DO NOT** eat after midnight
- **DO NOT** drink anything 3 hours prior to procedure. NOT EVEN A SIP.
- Confirm ride. NO RIDE, NO PROCEDURE. NO EXCEPTION
- Clear liquids are ok until 3 hours before procedure. Nothing with red/ purple coloring, or dairy
- Take blood pressure, heart, and seizure medications with a sip of water
- Hold diabetes medication day of procedure
- Check blood sugar prior to arrival if diabetic
- Inform the office if you are taking blood thinners, such as: Prasugrel (Effient), Apixaban (Eliquis), Dabigatran (Pradaxa), Clopidogrel (Plavix), Rivaroxaban (Plavix), Warfarin (Coumadin)
- If taking a GLP-1 injection, such as Ozempic, Mounjaro, Trulicity, etc., hold for 7 days prior to procedure OR clear liquids only, 24 hours prior to procedure
- A \$100 charge will be applied if you do not call to cancel/reschedule within 24 hours, or if you do not show up for your appointment
- There will be a doctor's fee AND facility charge for your procedure. Anesthesia and pathology will be billed separately. You will be contacted for any outstanding fees
- No driving or returning to work for the remainder of the day. Please plan accordingly
- Plan to spend 2-3 hours at the facility
- Leave all jewelry at home
- **IMPORTANT: IF YOU DRINK LIQUIDS WITHIN 3 HOURS OF YOUR PROCEDURE OR EAT WITHIN 8 HOURS, YOUR PROCEDURE WILL BE DELAYED OR EVEN CANCELED**

For questions, cancellations, or to reschedule, call (972)681-2226, opt. 2